

10 April 2016

Health Promotion Day for Elderly

This was a large scale project co-organized by the Neighbourhood Advice-Action Council, St John Ambulance, Hong Kong Red Cross and Heung To Middle School. The School just celebrating their 70th anniversary, is providing us with the venue. St. John Ambulance was invited to provide free dental services. The dental service this year includes: Extraction, Fillings, and Scaling. The Red Cross was providing first aid service just in case of emergency. We invited 140 elderly to participate. There were health talks by medical professionals in 6 specialties and general health checks (e.g. blood pressure, blood glucose level, eye pressure). The elderly could also choose the medical specialties for further consultation with medical professionals on the spot. Our club allocated HKD\$10000 to this project. The other expenses, approximately USD 1250 was covered by the district grant.

